Check-In Question List

Standard National Questions

1. **What is your age?** (18-24, 25-29, 30s, 40s, 50s, 60s, 70s +)

2. At the current time, how would you rate your physical health? (10 Excellent - 0 Poor)

3. How much anxiety are you experiencing over the current pandemic? (10 Extreme - 0 None)

4. How much stress are you experiencing related to your finances? (10 Extreme - 0 None)

5. Has coronavirus significantly disrupted your income? (10 Significant - 0 None)

6. I have people in my life I can count on no matter what. (10 Agree - 0 Disagree strongly)

7. In the midst of this crisis, I feel very connected to friends/family. (10 Agree – 0 Disagree strongly)

8. My job situation has been completely disrupted. (10 Agree - 0 Disagree strongly)

9. I sense a deepened calling to serve others in times like this. (10 Agree - 0 Disagree strongly)

10. My hope for the future is not diminished by the current crisis. (10 Agree - 0 Disagree strongly)

11. I have an inner sense of peace, even in difficult circumstances. (10 Agree - 0 Disagree strongly)

12. As of this week, how confident are you about the way you and your household are responding to the crisis? (5 Extremely confident - 1 Not at all confident)

13. How isolated are you feeling today? (10 Extremely isolated - 0 Not at all isolated)

14. As of this week, how confident are you about the way your community is responding to the COVID-19 crisis? (5 Extremely - 1 Not at all)

15. I am receiving the support/resources I need from our community. (10 Agree - 0 Disagree strongly)

16. What type of basic needs do you need the most help with at this time? Select your top need. (food and supplies, childcare, financial assistance, transportation and/or deliveries, housing options, medical care, emotional support, none I'm in a good spot)

17. What type of service are you most prepared to offer others at this time? Select one. (food and supplies, childcare, financial assistance, transportation and/or deliveries, housing options, medical care, emotional support, prayers, none I'm in a good spot)

18. Please indicate your gender. (female, male, prefer not to answer)

19. What is your marital status? (married, widowed, divorced, separated, never married)
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Optional Questions

1. How has the COVID crisis impacted your housing situation?
   a. It hasn’t
   b. I’m missing payments
   c. Friends/family have moved in with me
   d. I’ve moved in with friends/family
   e. I was at college or in another temporary situation and I moved home early
   f. I had plans to move but I’m putting them off
   g. I’m without a permanent housing situation
   h. It has impacted me in some other way
   i. I prefer not to say

2. Do you belong to a group that’s providing some level of connection for you right now? A faith community, club or association, a team at work, a close friend group, close extended family, another group, I don’t have a group that’s providing connection

3. Your own life has likely been disrupted as described above. Even so, might helping someone else help you in some way? (Yes, No, I don't know)

4. Is there anything else stopping you from helping someone in need?
   a. I don’t have time or money
   b. I don’t know how
   c. I’m afraid of doing the wrong thing
   d. I don’t want to
   e. I have another reason
   f. Nothing is stopping me!

5. In addition to meeting needs directly, there are also ways you can help behind the scenes. Would you like to: Help with administration, help spread the word, help adapt strategies to solve a big problem, lead a team or project, provide or raise funds so others can meet needs

6. How would you describe yourself? American Indian or Alaska Native, Asian, Black or African American, Hispanic, Latino, or of Spanish origin, Native Hawaiian or Other Pacific Islander, White, Other, I’d prefer not to say

7. When it comes to sources of trusted information about the pandemic, in which authority do you place the most trust? (the CDC, other scientists, local government, state government, national government, the media (I don’t do my own research), other, I’d prefer not to say)

8. In which authority do you place the 2nd most trust? (the CDC, other scientists, local government, state government, national government, the media (I don’t do my own research), other, I’d prefer not to say)